

FIRST AID
Les secours d'urgence / Le secourisme

The victim / the helper / SAVE someone

THE BODY (see picture in your copybook)

finger / hand / wrist / elbow / shoulder / shoulder blades (*omoplates*) back / neck / head
belly (tummy) / belly button / hip / thigh / knee / leg / ankle / foot / toe

MINOR ACCIDENTS AND INJURIES :

FALL on your back/ bruise yourself / bru:z / = *se faire des bleus*

BUMP yourself = *se cogner*

BURN yourself - CUT your finger / yourself

GET a splinter = *avoir une écharde*

TWIST // SPRAIN your ankle = *se tordre la cheville*

GET STUNG by an insect (STING , stung, stung)

GET BITTEN by a dog = *se faire mordre* , BITE / baɪt / (bit, bitten)

FIRST AID KIT : bandages / disinfectant lotion / antiseptic / adhesive tape / scissors /
syringe / needle / cream / compresses / emergency blanket

SERIOUS INJURIES :

CHOKED / tʃəʊk / (choked, choked) = *s'étouffer*

BREATHE / bri:ð / (breathed, breathed) = *respirer* / the breath

BLEED (bled, bled) = *saigner* / a bleeding = *un saignement* - blood / blʌd / *le sang*

FEEL faint = *faire un malaise*

BE unconscious

SWALLOW poisonous substances = *avalier des substances dangereuses*

a wound / wu:nd / = an injury / 'ɪndʒəri / = *une blessure*

somebody is injured / wounded

He's cut his arm open

a head injury / a broken bone / a burn

FIRST AID ACTIONS:

TILT the head backward

PUT pressure on the wound

COOL the burn / COVER the burn

HIT someone firmly on the back

KEEP the arm still = *maintenir le bras immobile*

999 CALL

DIAL 999 = *composer le 999*

emergency / ɪ'mɜ:dʒənsi / services

Don't put the phone down : *ne raccrochez pas* .

